

# Food Nation Radio Network

Press Kit



## Food Nation Radio Network

Featuring Elizabeth Dougherty

*"Pull up a chair, Turn up the Radio and let's Eat"*

Food Nation Radio Network is all about food and each week you'll get the latest food news and events, the best restaurant deals, answers to all your recipe questions, and interviews with local chefs and restaurant owners that not only make this a great place to live but to Eat!

*Saturdays at 9am on WTAN, WDCF, KLRG*

*Saturdays at 7am/Sundays at 9am on WTMY*

## Elizabeth Dougherty

Elizabeth Dougherty has been cooking and writing about food intensively for more than ten years. She is the fourth generation of chefs and gourmet grocers in her family with her mother, Francesca Esposito, and grandmother, Carmella being major influences in her early cooking years. As a teenager, her family sent her to Europe where she became focused on French and Italian cuisine. She is a graduate of NYIT, Magna Cum Laude with a Bachelor's degree in Hospitality, Business, and Labor Relations. Prior to that, she survived a year and half of culinary tutelage under a maniacal Swiss- German Chef.

Her company, Culinary Pursuits was in existence until 2007. During that time, Elizabeth taught cooking classes, acted as a personal chef for individuals and small parties, and consulted for restaurants and other food service organizations in menu development as well as cost saving measures. As a freelance writer, she has written hundreds of articles for many different publications. With previous membership in the International Association of Culinary Professionals, the James Beard Foundation, and National Restaurant Association, she has kept abreast of the current and ever -changing trends in the culinary world.

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## Why Radio?

With today's lifestyles and increased commute times; dual income families are all conducive to more time spent with Radio. Radio often is heralded for its power to successfully deliver an advertiser's message to the right audience and with results!

*That's because Radio is...*

**SELECTIVE** – because of the variety of stations, advertisers can capitalize on one of radio's greatest strengths—the ability to zero in on the consumers most likely to buy your products and services.

**MOBILE** – radio offers advertisers a premium opportunity to reach consumers out of the home where they are less distracted by other forms of advertising.

**CLOSEST TO THE POINT OF PURCHASE** – radio advertisers get the last word as consumers run last-minute errands on their way home from work, during a busy weekend of shopping, or in the comfort of their own homes as they shop online.

**INTRUSIVE** – radio is an accepted addition to the day's activities and, as such, carries conviction and believability.

**INTIMATE** – your advertising theme and copy ideas can be translated into a sound identity; helping you connect to your customers and prospects on an emotional level.

***"Radio...A powerful medium with unique strengths that gets RESULTS!"***

## Contact Us

Food Nation Radio Network featuring Elizabeth Dougherty

For Further Information please contact us at: **(727) 688-9966**

Or send an email to: **[eadougherty1@gmail.com](mailto:eadougherty1@gmail.com)**

[www.elizabethdougherty.com](http://www.elizabethdougherty.com)

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Elizabeth Dougherty has the most active internet presence for any food writer or food show radio host in the area, maintaining an active internet community all dedicated to food.

## Eat St. Pete - on Facebook

The screenshot shows the Facebook page for 'Eat St. Pete!'. The page header includes the Facebook logo, a search bar, and navigation links for Home, Profile, and Account. The profile picture is the 'eat st. pete!' logo with the tagline 'Food, fun and friends'. The left sidebar contains navigation options like Wall, Info, Reviews, Photos, Events, Links, Video, and Join My List. The main content area shows a news feed with several posts from 'Eat St. Pete!' and user interactions. The right sidebar features sections for 'You and Eat St. Pete!', Birthdays, Previous Status Updates, Sponsored ads (Rogers Cleaners, Clinique), and other social features.

**facebook** Search Home Profile Account

**eat st. pete!**  
Food, fun and friends

Wall  
Info  
Reviews  
Photos  
Events  
Links  
Video  
Join My List  
More -

About  
Eat St. Pete has recipes, food articles and food news with national guests....  
More

4,022 people like this

Likes See All  
Grand Kitchen & Bath  
events by Amore  
One St. Pete  
Dream Momma  
Marchand's Bar and Grill

Add to My Page's Favorites  
Subscribe via SMS  
Subscribe via RSS  
Unlike

**Eat St. Pete!**  
News/Media

**Wall**

**Eat St. Pete!**  
http://t.co/tNanG6lh  
It's swimsuit season people... trimming tricks from chefs.  
2 hours ago via Twitter · Like · Comment · @FoodNationRadio on Twitt

**Eat St. Pete!**  
http://t.co/dMAqXHA  
A little dirt never hurt.  
7 hours ago via Twitter · Like · Comment · @FoodNationRadio on Twitt

Patricia Purvis likes this.

**Right Brain Media** Would explain why my dogs eat dirt sometimes....eww!  
4 hours ago · Like

Write a comment...

**Eat St. Pete!**  
Salisbury Steak has been so maligned over the years. I've decided I'm going to tweet an updated version of it to preserve this low-cost dish. And in the manner of tweets in the news lately, it will be a bulging masterpiece of meaty goodness dressed scantily in a tasty sauce. :-D  
18 hours ago · Like · Comment

6 people like this.

View all 6 comments

**Linda Hein** LOL!!  
16 hours ago · Like

**Dean Liston** oh my!  
13 hours ago · Like

Write a comment...

**Eat St. Pete!**  
A lawsuit against Dunkin Donuts over a customer going into diabetic shock didn't involve donuts. That's a kicker. http://huff.to/juvS76  
21 hours ago via Twitter · Like · Comment · @FoodNationRadio on Twitt

**You and Eat St. Pete!**  
10 friends like this.  
Grand Kitchen & Bath

**Birthdays** See All  
**Maurice Edison**  
It's his birthday.  
Say Happy Birthday

**Previous Status Updates** Show More  
**Elizabeth Dougherty** There is nothing funnier than watching June Cleaver hit golf balls. lolol  
2

**Sponsored** Create an Ad

**Rogers Cleaners**  
Eco-Friendly cleaning for your fine fabrics, suits, slacks and wedding dresses. Free pick-up and delivery, laundry service- since 1917!  
Like · 29 people like this.

**Clinique**  
'Like' us now to enter the I Love Clinique Sweepstakes! Winners will receive Clinique skin care & makeup favourites!  
Like · Hannah Anderson likes this.

**Be a SocialWorker in 1YR†**  
Learn about the Become a Social Worker™ program, where you may finish your degree in as little as 1YR! Request info here.

**Red Mesa Cantina**  
BACHELORETTE PARTY? Start out at CANTINA! Ask your friend! Bead

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## Food Nation Radio - on Twitter

**Elizabeth Dougherty**  
**@FoodNationRadio** Lots of places  
*I talk about food/wine/craft beer on the radio in Metro Orlando, Tampa, Clearwater, St. Pete, Dade City, Zephyrhills and Little Rock, Arkansas.*  
<http://elizabethdougherty.com>

**Follow Elizabeth Dougherty on Twitter**  
Don't miss any updates from Elizabeth Dougherty. Sign up today and follow your interests!  
[Sign up & follow Elizabeth Dougherty »](#)

**Curious how Elizabeth Dougherty uses Twitter?**  
[Discover who @FoodNationRadio follows](#)

**About @FoodNationRadio**  
229 Tweets | 144 Following | 83 Followers | 2 Listed

**Tweets** Favorites Following Followers Lists

**FoodNationRadio** Elizabeth Dougherty  
[foodandwine.com/articles/health...](http://foodandwine.com/articles/health/) It's swimsuit season people... trimming tricks from chefs.  
2 hours ago

**FoodNationRadio** Elizabeth Dougherty  
[livescience.com/14463-humans-e...](http://livescience.com/14463-humans-e...) A little dirt never hurt.  
7 hours ago

**FoodNationRadio** Elizabeth Dougherty  
A lawsuit against Dunkin Donuts over a customer going into diabetic shock didn't involve donuts. That's a kicker. <http://huff.to/juvS76>  
21 hours ago

**FoodNationRadio** Elizabeth Dougherty  
Poor eating habits may have kids lagging in classes other than P.E. Surprise surprise. [bit.ly/G2HN8](http://bit.ly/G2HN8)  
6 Jun

**FoodNationRadio** Elizabeth Dougherty  
"Blue Lobster" would make for a much cooler seafood chain title. <http://bit.ly/m2Y2u1>  
5 Jun

**FoodNationRadio** Elizabeth Dougherty  
We are, for the first time, bigger "winers" than the French. <http://huff.to/ivbFv1>  
4 Jun

**FoodNationRadio** Elizabeth Dougherty  
Serving Shamu sushi is a costly federal violation. <http://bit.ly/lrLwFc>

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Blog - on [elizabethdougherty.com](http://elizabethdougherty.com)

## Elizabeth Dougherty

Food news, recipes, articles and radio

home about/press recipes shop podcast contact

### Food Nation Radio Network

recipes  
events  
videos  
news  
reviews

Elizabeth Dougherty

facebook

#### The Vinoy paints a new culinary canvas

June 3rd, 2011 | Posted in [news](#) | [f](#) [t](#)

The buzz in St. Petersburg is building in anticipation of the opening of the new Dali museum. At the Renaissance Vinoy, Chef Mark Heimann is paying homage with a "Salute to the Arts" menu for lunch and dinner.  
[Read the rest of this entry »](#)

#### Pssghetti's - Stick to the Sunday Brunch

June 3rd, 2011 | Posted in [reviews](#) | [f](#) [t](#)

When I was out in Safety Harbor with WGUL doing a remote broadcast, I met a very nice family who proceeded to tell me all about this restaurant I should try; Pssghetti. They went on to say the place also had a gourmet market with fresh pasta, Italian meats and cheeses, espresso, gelato and more. The wife raved about the fluffy, ricotta, blueberry-lemon pancakes.  
[Read the rest of this entry »](#)

#### New Yorkers Bring a Bite of the NE to the Vinoy

June 3rd, 2011 | Posted in [events](#) | [f](#) [t](#)

Every once in a while, I get a craving for a slice

Search

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You like this.

[Eat St. Pete!](#) [http://t.co/tNanGih](#)  
It's swimsuit season people... trimming tricks from chefs.  
2 hours ago - via Twitter

[Eat St. Pete!](#) [http://t.co/dMAnqXH](#) A little dirt never hurt.  
7 hours ago - via Twitter

[Eat St. Pete!](#) Salisbury Steak has been so maligned over the years. I've decided I'm going to tweet an updated version of it to preserve this low-cost dish. And in the manner of tweets in the news lately, it will be a bulging masterpiece of meaty  
4,023 people like [Eat St. Pete!](#)

[Riviera](#)  
All weekend! Part of the All-Florida Food Festival

Facebook social plugin

Sponsors